

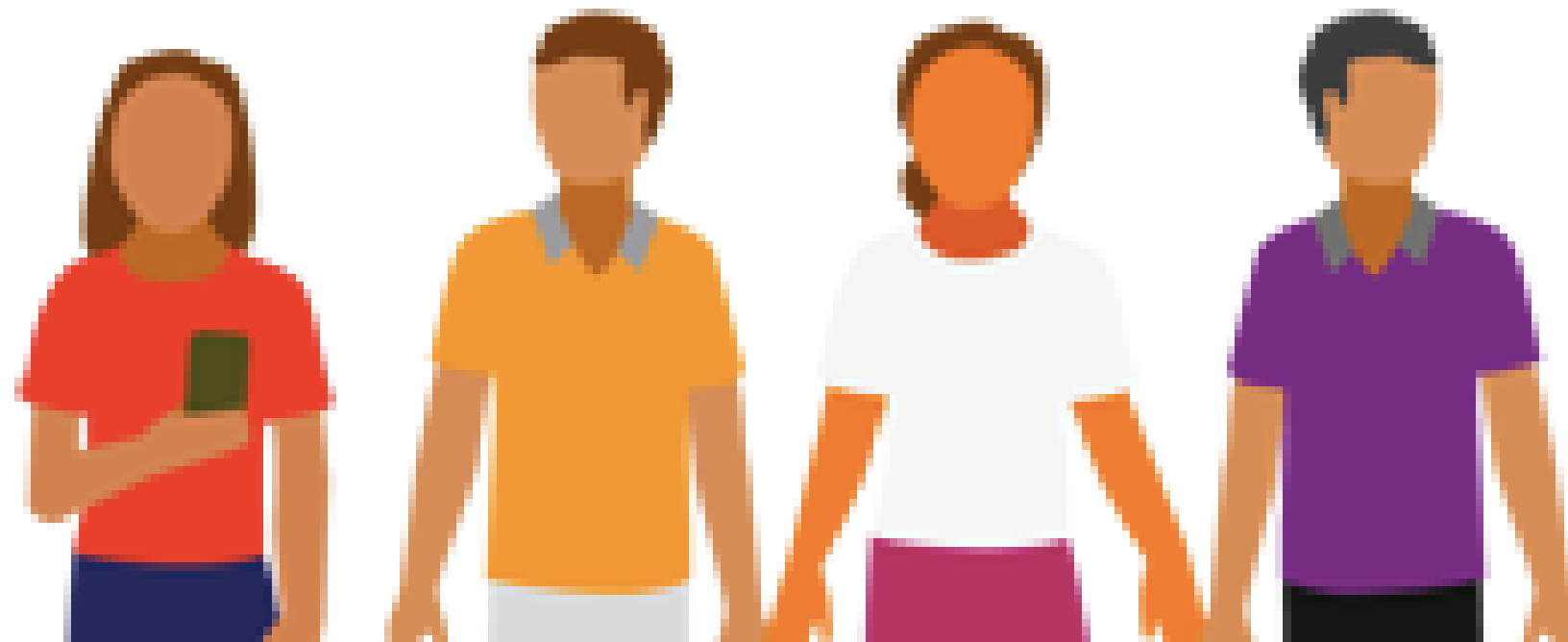
HEALTHY SHIELD FOUNDATION (HESHIF)



WHO ARE WE

We are a Non-Government Organisation not-for-profit based in Tanzania. Founded in 2019, we look for a unique way to offer sexual and reproductive health information and services. Our ultimate goal is to save lives.

We do that by increasing the uptake of sexual and reproductive healthcare services including family planning. We deploy a human rights approach to enhance body autonomy for all deserving adolescent girls, young women, people living with disability, and youth



OUR MISSION AND VISION



MISSION

EMPOWER, EDUCATE, PROTECT, & DELIVER THE FUTURE

HESHIF is dedicated to saving lives by improving reproductive health outcomes. Guided by this purpose, we empower, educate and protect underserved adolescent girls, young women, people living with disability, and youth through increased access to quality sexual and reproductive health and rights information and services.



VISION

To create a community whereby adolescent girls, young women, people living with disability, and youth are healthy, economically empowered and protected.

OUR STRATEGY

Our connected approach puts adolescent girls, young women, people living with disability, and youth at the centre of our services. We prepare individuals for a bright future. This is what motivates us.



SRHR Clinics



Capacity building



Drug shops



HOW WE DO IT

Individual Awareness

We update individuals with accurate information so that they can manage their reproductive health. We believe that every individual has specific reproductive needs. We have evolved to build capacity and enlighten individuals on contraception services, pregnancy, sexually transmitted infections, and sexual and reproductive health counselling. Through our services, individuals have informed decisions for their reproductive healthcare service uptake.

Sexual and reproductive health clinics

We increase access to skilled healthcare providers. We connect our beneficiaries to nearby sexual and reproductive health clinics for professional services. We improve clients' healthcare experiences.

Social market

We bring services closer to the user and generate long-term mutual benefits. We work with accredited community pharmacies which have been a source of contraception services at the community level. Evidence shows that Adolescent Girls and Young Women (AGYW) obtain their emergency contraception from community pharmacies.

We believe that unless start effective contraception use after emergency contraception, AGYW remain at risk of unintended pregnancies. Community pharmacists advise and link sexually active AGYW with SRH clinics for a proper contraception plan.

OUR FOCUS ON INTERVENTIONS

SHR Knowledge

Contraception
use awareness

Evidence-based
advocacy

Advice and
Counselling

Gender-based
violence education

Psychosocial support
communication skills
& problem solving.

We provide training on SHR and conduct evidence-based advocacy to improve service use particularly to those who find challenging and shameful accessing sexual and reproductive services. We work with media to support sexual and reproductive services and address gender-based violence. We advocate for behaviour change and better sexual and reproductive health services. On top of that, we advocate for adolescent girls, young women, people living with disability, and youth to seek and utilise sexual and reproductive health care services including contraception services.

We bridge the gap for unmet need for family planning. We integrate professionalism in delivering contraception knowledge and services. We prevent undesired consequences of unmet need for family planning by ensuring every deserving individual have access to quality contraception services and products.

OUR TEAM



Our passionate team combines proactive healthcare professionals, project managers, accredited finance managers, community health workers, lawyers, and monitoring and evaluation specialists with best-in-class skills. This means our beneficiaries get the highest standard of sexual and reproductive health services.

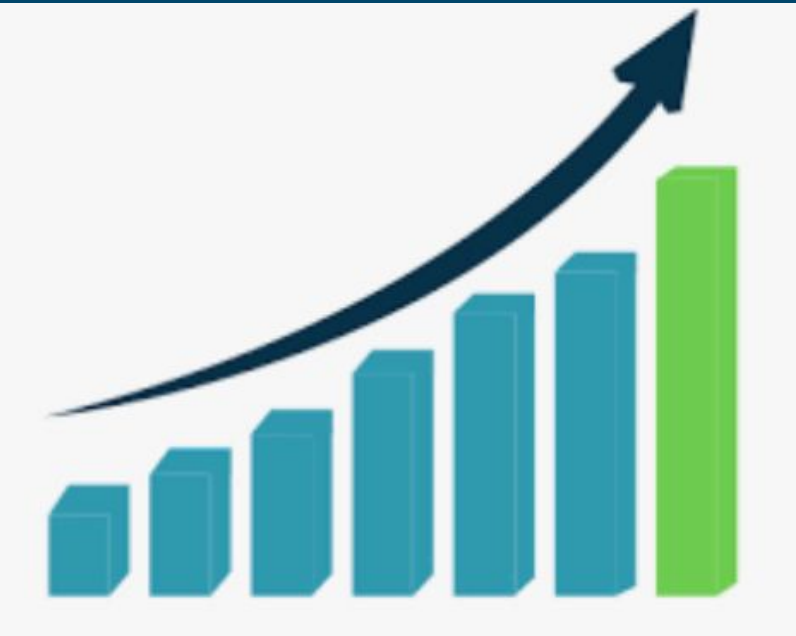
WHAT WE LIVE FOR

Our values define our culture. They are a reflection of our character and serve as a framework for how we interact with one another as well as our beneficiaries, and partners. They describe our behaviour at work and how we achieve our goal of saving lives and making life better. We are living up these values



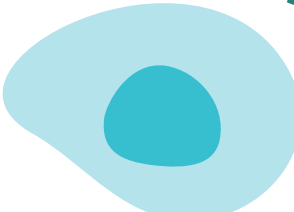
OUR SOCIAL IMPACT

Our social impact is measured by an increased number of service users, and increased competencies in sexual and reproductive health including contraception knowledge. Our beneficiaries have informed decision-making and practice healthcare seeking-behaviour on sexual and reproductive health services. We hope that in the future, sexual and reproductive health services will be available for all regardless of age, sex, religion, place of residence or marital status.



OUR IMPERATIVES

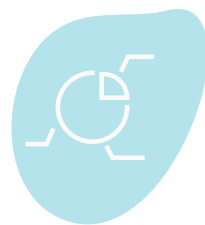
SERVICES



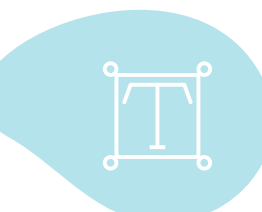
We increase access to comprehensive age-related information and effective, acceptable, and affordable services on prevention, counselling, treatment and care of sexual and reproductive health challenges. We consider cultural, social, economic and population dynamics in our interventions.

SOLUTIONS

We deliver techniques and methods that contribute to reproductive health and well-being by solving current sexual health problems. By combining research with our projects, we inform policy, practice and advocacy. We support the success of people and communities in a world that is changing quickly.



SUSTAINABILITY



Our way of working is designed to sustain the current and future generations. Our inclusive strategy equips our beneficiaries to utilise their full potential in the realm of reproductive health. We pay attention to human being well-being and never harm our planet.

PARTNERSHIPS

HESHIF values partnerships to make a reality. To achieve our organisation's goal, we create and engage in long-lasting relationships with a wide range of stakeholders. Whether locally or internationally, we always look to amplify our impact. We join hands with Volunteers, Researchers, Donors/Investors, Policymakers, Technical advisors, Advocators, or any partnership that aligns with our organisation's vision to create a great present and future. We invite you to work with us!



WHY WORK WITH US

We constantly strive to exceed expectations! We create innovative solutions to individual challenges. We keep our word by striving for a workforce that reflects the diversity of the community we serve and where everyone is treated with respect and dignity. We are a team that values diversity, and inclusivity, work smart and supports each other. We create a healthy engaging workspace. Our team significantly improves the lives of people, their families, and themselves.



Engage with us

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